



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>*Programs and times are subject to change*</p> <p>If you have any questions, please call Amber Otterdahl at 952-698-9919</p> | <p>1</p> <p>10:00 Daily News & Time 2 Refresh- 2 10:40 Daily News & Time 2 Refresh- 3 2:45 Healing Sounds Music- 3 3:30 Healing Sounds Music- 2</p> | <p>2</p> <p>10:00 Seated Exercise & Time 2 Refresh- 2 10:30 Pax Christi Catholic Prayer Visits- 2, 3 10:40 Seated Exercise & Time 2 Refresh- 3 3:00 Singing to the Oldies- 2 3:30 Singing to the Oldies- 3</p> | <p>3</p> <p>10:00 Garden Club- 2, 3 11:15 Time 2 Refresh- 2, 3 1:30 Root Beer Floats Social- 2, 3 3:00 Trivia Time- 2, 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>4</p> <p>10:00 4th of July Craft- 2 10:40 4th of July Craft- 3 1:30 Musical Entertainment: Ross McLead-CMR- FLP</p> <p>Independence Day</p> | <p>5</p> <p>10:00 Daily News & Chronicles- 2, 3 10:30 Luau- 2 1:30 Luau- 3 3:00 Braingames- 2, 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>6</p> <p>Word Puzzle Packet Delivery 10:00 Fresh Air Nature Walks with Lori- 2 10:40 Fresh Air Nature Walks with Lori- 3 2:30 Sing-a-longs- 2 3:30 Sing-a-longs- 3</p> |
| <p>7</p> <p>9:30 Church Hymns w/ Kim- 2 10:15 Church Hymns w/ Kim- 3 1:30-3:00 One on One Prayer Visits w/Chaplain John</p> | <p>8</p> <p>10:00 Daily News & Time 2 Refresh- 2 10:40 Daily News & Time 2 Refresh- 3 1:30 Floral Arrangements- 2 3:00 Floral Arrangements- 3 4:00 Dinnertime Refresh- 2, 3 5:00 MC Family Council Mtg- CMR</p> | <p>9</p> <p>10:00 Morning Spa- 2, 3 11:15 Time 2 Refresh- 2, 3 1:00 Bus Outing: Boating and Fishing on Lake Riley 4:00 Dinnertime Refresh- 2, 3</p> | <p>10</p> <p>10:00 Garden Club- 2, 3 10:30 Morning Body and Brain Stretch- 2, 3 11:15 Time 2 Refresh- 2, 3 3:00 July Birthday Party- CMR 6:30 Pet Visits with Sully- 2, 3</p> | <p>11</p> <p>10:00 Birdfeeder Club & Soak in the Sunshine- 2, 3 11:15 Time 2 Refresh- 2, 3 1:30 Musical Entertainment: Jeff Brueske-CMR 3:15 IN2L- 2 3:45 IN2L- 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>12</p> <p>10:00 Daily News & Chronicles- 2, 3 10:30 Fitness Friday- 2, 3 11:15 Time 2 Refresh- 2, 3 1:30 Ice Cream Social & Braingames- 2 3:00 Ice Cream Social & Braingames- 3</p> | <p>13</p> <p>10:00 Fresh Air Nature Walks with Kim- 2 10:40 Fresh Air Nature Walks with Kim- 3 2:30 One-on-Ones- 2 3:30 One-on-Ones- 3</p> |
| <p>14</p> <p>9:00 Grace Church Live Streaming on TV 1:30-3:00 One on One Prayer Visits w/Chaplain John</p> | <p>15</p> <p>10:00 Get Moving Exercise & Time 2 Refresh- 2 10:40 Get Moving Exercise & Time 2 Refresh- 3 1:00 Reminisce- 2, 3 2:45 Healing Sounds Music- 3 3:30 Healing Sounds Music -2</p> | <p>16</p> <p>10:00 Today in Music History- 2,3 10:30 Walk & Talk- 2, 3 10:30 Pax Christi Catholic Prayer Visits- 2, 3 1:00 Pampered Hands- 2 2:00 Pampered Hands- 3 3:00 Lemonade on the Patio- 2 3:30 Lemonade on the Patio- 3</p> | <p>17</p> <p>10:00 Morning Body and Brain Stretch- 2 10:40 Morning Body and Brain Stretch- 3 11:15 Time 2 Refresh- 2, 3 1:30 Bus Outing: Ice Cream Treats at Dairy Queen</p> | <p>18</p> <p>10:00 Bingo!- 2, 3 11:15 Time 2 Refresh- 2, 3 1:30 Musical Entertainment: Tara Brueske-CMR 3:15 Follow your Nose- 2 3:45 Follow your Nose- 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>19</p> <p>10:00 Musical Entertainment: Music Therapy Bobby & Christine Duo- Gather all on 3 11:15 Time 2 Refresh- 2, 3 1:30 Ice Cream Social- 2 2:30 Ice Cream Social- 3</p> | <p>20</p> <p>Word Puzzle Packet Delivery 10:00 Fresh Air Nature Walks with Kim- 2 10:40 Fresh Air Nature Walks with Kim- 3 2:30 Cleverminds & Cookies- 2 3:30 Cleverminds & Cookies- 3</p> |
| <p>21</p> <p>9:30 Church Hymns w/ Kim- 2 10:15 Church Hymns w/ Kim- 3 1:30-3:00 One on One Prayer Visits w/Chaplain John</p> | <p>22</p> <p>10:00 Armchair Travel: The United Kingdom with Universal Yums- 2 10:40 Armchair Travel: The United Kingdom with Universal Yums- 3 1:30 Paint with Watercolors- 2, 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>23</p> <p>10:00 Morning Spa- 2, 3 11:15 Time 2 Refresh- 2, 3 1:00 Pampered Hands- 2 2:00 Pampered Hands- 3 3:00 Singing to the Oldies- 3 3:30 Singing to the Oldies- 2 4:00 Dinnertime Refresh- 2, 3</p> | <p>24</p> <p>10:00 Daily News & Time 2 Refresh- 2 10:40 Daily News & Time 2 Refresh- 3 2:00 Chair Yoga- 2, 3 3:00 Trivia Time- 2, 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>25</p> <p>10:00 Bingo!- 2, 3 11:15 Time 2 Refresh- 2, 3 1:30 Musical Entertainment: Tim Patrick-CMR 3:15 One-on-Ones- 2 3:45 One-on-Ones- 3 4:00 Dinnertime Refresh- 2, 3</p> | <p>26</p> <p>10:00 Peaceful Meditations & Time 2 Refresh- 2 10:40 Peaceful Meditations & Time 2 Refresh- 3 1:30 Summer Olymics Opening Ceremony & Mini Games- 2 3:00 Summer Olymics Opening Ceremony & Mini Games- 3 Start of 2024 Summer Olymics</p> | <p>27</p> <p>Breathe Drink Water Smile 😊 & Repeat</p> |
| <p>28</p> <p>9:00 Grace Church Live Streaming on TV 11:30 Gideon the Dog Visits 1:30-3:00 One on One Prayer Visits w/Chaplain John</p> <p>Summer Olympic Themed Week;</p> | <p>29</p> <p>10:00 Cookie Baking Club- 2 1:30 Cookie Baking Club- 3 2:45 Healing Sounds Music- 3 3:30 Healing Sounds Music -2</p> <p>Theme: Hawaiian Day</p> | <p>30</p> <p>10:00 Today in Music History & Time 2 Refresh- 2 10:40 Today in Music History & Time 2 Refresh- 3 1:00 Pampered Hands- 2 2:00 Pampered Hands- 3 3:00 Whiteboard Games- 2 3:30 Whiteboard Games- 3</p> <p>Theme: Red, White & Blue Day</p> | <p>31</p> <p>10:00 Daily News & Chronicles- 2, 3 10:30 Card/Board Games- 2, 3 1:30 Root Beer Floats Social- 2, 3 3:00 Poetry- 2, 3 4:00 Dinnertime Refresh- 2, 3</p> <p>Theme: 80's Day</p> | <p>When a number 2 is written after the listed activity, that means the activity takes place on Level 2. When a number 3 is written after the listed activity, that means the activity takes place on Level 3.</p> | <p>When CMR is written after the listed event, that means the event takes place in the 2nd floor Community Room. When HHA is written after the listed activity, that means the activity is facilitated by a Home Health Aide on each floor.</p> | <p>When FLP (Family Lead Program) is written after the listed program, that means that no Life Enrichment staff are available. However, you are most welcome to bring your loved one. "Everything good, everything magical happens between the months of June and August."</p> |

