PRAIRIE BLUFFS
SENIOR LIVING

Independent Living

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Properly worn masks are required for all programs. We can now have more people in groups but we must remain 6 feet apart. We will be using the Community Room (in the 2nd floor Assisted Living Building) often because it is larger.	**Room Key** CMR-Community Room CR- Craft Room G- Gym in AL Basement HW 1,2,3,4- Hallways 1,2,3,4th Floors MH- Minnehaha Room MT- Movie Theater Pub-2nd Floor Pub Redwood Room-Puzzle Rm. on 3rd fl. **TCU-Meet by TCU door next to Bistro on first floor**	**We will not be doing sign-up sheets unless noted on calendar.** Sign-up sheets will be for 18-25 plus people depending on activity and space. **Weekly sign-up sheets will be posted on Sunday evenings in the Communications Room Sign-Up Book.**		1 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Morning Stretch-CMR Happy April Fool's Day! Play a joke on a friend today!	2 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Fitness Fridays with Janine-CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:30** Rolling Ice Cream Truck - HW 4 **2:00** Rolling Ice Cream Truck - HW 3 **2:30** Rolling Ice Cream Truck - HW 2 **3:00** Rolling Ice Cream Truck - HW 1 **Good Friday**	3 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR
4 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **Happy Easter!** **Easter**	5 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:00** Bird Series: Robins -CMR	6 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00** Men's Coffee with Jeff in Bistro **10:00** Cardio Pump-CMR **11:00-1** Bus Transportation **1:00** The Evolution of the Easter Bunny-CMR **1:30** Women's Coffee Group with Julie-MH -sign up **3:00** Women's Coffee Group with Julie-MH -sign up	7 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00-1** Bus Transportation Available **10:00** Card Making 101 with Maridale -CR-sign up **1:00** Happy Birthday, Doris Day! Biography -CMR **3:30** Grill and Chill Happy Hour with Patrick-CMR-sign up	8 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Morning Stretch-CMR **11:00** Devotions-MH **1:00 Entertainment: Bill Mann-Guitarist -** CMR	9 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Fitness Fridays with Janine-CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:30** Rolling Ice Cream Truck - HW 1 **2:00** Rolling Ice Cream Truck - HW 2 **2:30** Rolling Ice Cream Truck - HW 3 **3:00** Rolling Ice Cream Truck - HW 4	10 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **1-3** Arts and Crafts with Janine -CMR
11 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **1:00** Coffee Time with Betty-MH-sign up	12 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Beginner Line Dancing with Kathy -CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:00** Bird Series: Crows-CMR **3:30** Grill and Chill Happy Hour with Amanda-CMR-sign up	13 **8:00** Maintenance Director Meeting with Patrick -CMR **9:00** Maintenance Director Meeting with Patrick -CMR **10:00** Cardio Pump-CMR **1:00** The History of Campbell's Soup-CMR **1:30** Women's Coffee Group with Julie-MH -sign up **3:00** Women's Coffee Group with Julie-MH -sign up	14 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Card Making 101 with Maridale -CR-sign up **10:00** Bridge Group -Redwood Room **1:00** Musical Biography: Glenn Miller **3:30** Grill and Chill Happy Hour with Patrick -CMR-sign up	15 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Morning Stretch-CMR **11:00** Devotions-MH **1:00** Bob and Gretchen: Africa -CMR **3:30** Interested in Playing Poker Meeting-Come with Ideas! -Pub	16 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Fitness Fridays with Janine-CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:30** Rolling Ice Cream Truck - HW 3 **2:00** Rolling Ice Cream Truck - HW 4 **2:30** Rolling Ice Cream Truck - HW 1 **3:00** Rolling Ice Cream Truck - HW 2	17 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **2:00 Entertainment: Jefferson High School Drumline -**Patio off Minnehaha Room
18 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **1:00** Coffee Time with Betty-MH-sign up	19 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:00** Bird Series: Chickadees -CMR **3:30** Grill and Chill Happy Hour with Amanda-CMR-sign up	20 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00** Men's Coffee with Jeff in Bistro **10:00** Cardio Pump-CMR **11:00-1** Bus Transportation **1:00 Entertainment: Lyndon Peterson's One Man Band**-CMR **1:30** Women's Coffee Group with Julie-MH -sign up **3:00** Women's Coffee Group with Julie-MH -sign up	21 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00-1** Bus Transportation Available **10:00** String Art with Maridale -CMR-sign up **10:00** Bridge Group -Redwood Room **1:00** Biography: Shakespeare-CMR **3:30** Grill and Chill Happy Hour with Patrick-CMR-sign up	22 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Morning Stretch-CMR **11:00** Devotions-MH **1:00 Earth Day Party** -CMR-sign up **Earth Day**	23 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Fitness Fridays with Janine-CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:30** Rolling Ice Cream Truck - HW 2 **2:00** Rolling Ice Cream Truck - HW 1 **2:30** Rolling Ice Cream Truck - HW 4 **3:00** Rolling Ice Cream Truck - HW 3	24 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR
25 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **1:00** Coffee Time with Betty-MH-sign up	26 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Eden Prairie Senior Center Men's Group -TCU **10:00** Book Club-Redwood Room **1:00** Bird Series: Loons -CMR **3:30** Grill and Chill Happy Hour with Amanda-CMR-sign up	27 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00-1** Bus Transportation Available **10:00** Cardio Pump-CMR **1:00 Arbor Day Party**-CMR sign up **3:00** Women's Coffee Group with Julie-MH -sign up	28 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **9:00-1** Bus Transportation Available **10:00** Bridge Group -Redwood Room **1:00** Musical Biography: Count Basie -CMR **3:30** Grill and Chill Happy Hour with Patrick-CMR-sign up	29 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Morning Stretch-CMR **11:00** Devotions-MH **1:00 Entertainment: Lowell LaBerge Country Music** -CMR	30 **8:00-5** Open Gym-G **8:00-5** Open Craft Room-CR **10:00** Fitness Fridays with Janine-CMR **10:00** Eden Prairie Senior Center Men's Group -TCU **1:30** Rolling Ice Cream Truck - HW 4 **2:00** Rolling Ice Cream Truck - HW 3 **2:30** Rolling Ice Cream Truck - HW 2 **3:00** Rolling Ice Cream Truck - HW 1 **Arbor Day**	Programs and times are subject to change. If you have any questions, please contact Anna Anderhagen at 952-213-6255.