

Prairie Bluffs Senior Living

July

2024

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	<p>Breakfast: 1 Biscuits and Sausage Gravy Noon Crunchy Onion Chicken Baked Potato Baby Carrots Evening Pulled Pork Sandwich Macaroni Salad</p>	<p>Breakfast: 2 Omelet and Toast Noon Stuffed Cabbage Rolls Roasted Potatoes Green Beans Evening Coconut Shrimp Salad Pineapple Mago Dressing</p>	<p>Breakfast: 3 Cinn. Raisin Bread French Toast and Sausage Noon Champagne Chicken Rice Pilaf Broccoli Evening Ham and Cheese Quiche Fresh Fruit</p>	<p>Breakfast: 4 Eggs Benedict Noon California Burger Baked Beans Corn on the Cobb Evening Boxed Dinner: Turkey Club Sandwich, Potato Salad, Chips, Pickle Spear and Watermelon</p>	<p>Breakfast: 5 Oatmeal Noon Tempura Shrimp Vegetable Fried Rice Sweet and Sour Sauce Evening Deep Fried Cod Sandwich Coleslaw</p>	<p>Breakfast: 6 Continental Breakfast Noon Cheese Ravioli Italian Vegetables Garlic Toast Evening Tater Tot Hot Dish Dinner Roll</p>
<p>Breakfast: 7 Continental Breakfast Noon Homemade Meatloaf Mashed Potatoes Green Beans Evening Taco Salad Sour Cream and Salsa</p>	<p>Breakfast: 8 Biscuits and Sausage Gravy Noon Baked Chicken Drumsticks Au Gratin Potatoes Roasted Beets Evening Chicken Alfredo Bake Side Salad</p>	<p>Breakfast: 9 Omelet and Toast Noon Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend Evening Beef and Cheddar Sandwich Curly Fries</p>	<p>Breakfast: 10 Cinn. Raisin Bread French Toast and Sausage Noon Fried Chicken Thigh Sweet Potatoes, Corn Evening Sausage Tortellini Italian Vegetables</p>	<p>Breakfast: 11 Eggs Benedict Noon BBQ Pork Short Ribs Baked Potato Green Beans Evening Chicken Caesar Wrap Fresh Fruit</p>	<p>Breakfast: 12 Oatmeal Noon Sweet and Sour Chicken Vegetable Lo Mein Cream Cheese Won Ton Evening Beer Braised Bratwurst Broccoli Salad</p>	<p>Breakfast: 13 Continental Breakfast Noon Homemade Lasagna Italian Vegetables Garlic Toast Evening Open Faced Turkey Sandwich</p>
<p>Breakfast: 14 Continental Breakfast Noon Beef Stroganoff Egg Noodles Broccoli Evening Chicken Wild Rice Soup Dinner Roll</p>	<p>Breakfast: 15 Biscuits and Sausage Gravy Noon Chicken Parmesan Seasoned Noodles Zucchini Evening Sloppy Joe's Potato Salad</p>	<p>Breakfast: 16 Omelet and Toast Noon Beer Battered Walleye Strips Coleslaw Potato Wedges Evening Apple Fritter French Toast Sausage Links</p>	<p>Breakfast: 17 Cinn. Raisin Bread French Toast and Sausage Noon Honey Baked Ham Scalloped Potatoes Asparagus Evening Beer Cheese Mac and Cheese w/ Crispy Chicken</p>	<p>Breakfast: 18 Eggs Benedict Noon Spaghetti and Meatsauce Italian Vegetables Garlic Toast Evening Turkey Al A King Puff Pastry</p>	<p>Breakfast: 19 Oatmeal Noon Pot Roast Mashed Potatoes Carrots Evening Deli Hoagie Sandwich Potato Chips, Pickle</p>	<p>Breakfast: 20 Continental Breakfast Noon Country Fried Steak Mashed Potatoes Buttered Corn Evening Chipped Beef on Toast Seasoned Peas</p>
<p>Breakfast: 21 Continental Breakfast Noon Pasta Bake Italian Vegetables Breadstick Evening Beef Barley Soup Dinner Roll and Fruit</p>	<p>Breakfast: 22 Biscuits and Sausage Gravy Noon Chicken and Broccoli Stir Fry Fried Rice Egg Roll Evening Homemade Goulash Garlic Breadstick</p>	<p>Breakfast: 23 Omelet and Toast Noon Smothered Pork Chops Roasted Potatoes Asparagus Evening Fish and Chips Tartar Sauce</p>	<p>Breakfast: 24 Cinn. Raisin Bread French Toast and Sausage Noon Chicken and Dumplings Mixed Vegetables Dinner Roll Evening BLT Sandwich, Potato Chips</p>	<p>Breakfast: 25 Eggs Benedict Noon Roasted Turkey Stuffing Roasted Squash Evening Ham Salad Sandwich Cucumber Salad</p>	<p>Breakfast: 26 Oatmeal Noon Polish Sausage Au Gratin Potatoes Brown Sugar Carrots Evening Shepherd's Pie Dinner Roll</p>	<p>Breakfast: 27 Continental Breakfast Noon Salisbury Steak Mashed Potatoes Buttered Corn Evening Ham and Scalloped Potato Casserole</p>
<p>Breakfast: 28 Continental Breakfast Noon Bourbon Glazed Meatballs Roasted Potatoes Mixed Vegetables Evening Chili Cheese Hot Dog Onion Rings</p>	<p>Breakfast: 29 Biscuits and Sausage Gravy Noon Chicken Chow Mein White Rice Egg Roll Evening Turkey Pasta Salad Mini Croissant</p>	<p>Breakfast: 30 Omelet and Toast Noon BBQ Bacon Cheeseburger Frech Fries Baked Beans Evening Homemade Chili Honey Corn Bread</p>	<p>Breakfast: 31 Cinn. Raisin Bread French Toast and Sausage Noon Beef Tips in Mushroom Gravy Mashed Potatoes Broccoli Evening Chicken Fajitas Spanish Rice</p>	<p>Noon and Evening meals are accompanied with a choice of, Homemade Soup, Fresh Fruit or Garden Salad and Dessert *Alternate Menu is available upon request during meal times</p>	<p>All meals are subject to change.</p>	<p>Continental Breakfast Served Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt</p>