



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>*Programs and times are subject to change*</p> <p>If you have any questions, please call Janine Bergstrom at 952-213-6255</p> | <p>When a number 2 is written after the listed activity, that means the activity takes place on Level 2. When a number 3 is written after the listed activity, that means the activity takes place on Level 3.</p> | <p>When CMR is written after the listed activity, that means the activity takes place in the 2nd floor Community Room. When HHA is written after the listed activity, that means the activity is facilitated by a Home Health Aide on each floor.</p> | | | | |
| <p>3</p> <p>10:00 Sunday walks with HHA's -2,3 1:35 MN TWINS vs. Rangers- TV 1:30 – 3:00 One on One Prayer Visits with Chaplain John-CMR Afternoon family visits and activities with HHA's</p> | <p>4</p> <p>Morning Activities w/HHA's 1:00 Cookie Baking & Sing-a-Long w/Amber – 2 2:00 Cookie Baking & Sing-a-Long w/Amber – 3 LABOR DAY</p> | <p>5</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Silver Sneakers - 2,3 10:30 Pax Christi Catholic Prayer visits - 2, 3 11:15 Time 2 Refresh – 2,3 1:00 Crafty Creations – 2,3 2:30 Story Building - 2,3 3:30 Patio Visits & 1-1's – 2,3</p> | <p>6</p> <p>10:00 Wake Up/Good News-2,3 10:30 Card/Board Games – 2,3 11:15 Time 2 Refresh – 2,3 1:30 Root Beer Floats Social & Trivia - 2,3 3:00 Sing-A-Long – 2,3 5:45 Pet visits with Sully-2,3</p> | <p>7</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Morning Stretch - 2,3 11:15 Time 2 Refresh – 2,3 1:30 Musical Entertainment: Loren Wolfe - CMR 3:00 BINGO! – 2, 3</p> | <p>8</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Fun with Fitness – 2,3 11:15 Time 2 Refresh – 2,3 2:30 Ice Cream Social and Braingames -2 3:30 Ice Cream Social and Braingames - 3</p> | <p>9</p> <p>10:00-11:30 Nature Walks & Birdfeeder Club– 2,3 2:30 Gametime Physical Fun - 2 3:30 Gametime Physical Fun - 3</p> <p>Word Puzzle Packet Delivery – 2,3</p> <p>Afternoon family visits and activities with HHA's</p> |
| <p>10</p> <p>10:00 Sunday walks with HHA's -2,3 12:00 MN Vikings Game - TV 1:10 MN TWINS vs. Mets - TV 1:30-3:00 One on One Prayer Visits with Chaplain John - 2,3 Afternoon family visits and activities with HHA's NATIONAL GRANDPARENT'S DAY</p> | <p>11</p> <p>10:00 Peaceful Meditations - 2 10:00 Morning Exercise - 3 10:45 Peaceful Meditations - 3 10:45 Morning Exercise - 2 11:15 Time 2 Refresh – 2, 3 1:00 Armchair Travel: Greece – 2 1:00 Famous Faces - 3 2:30 Armchair Travel: Greece – 3 2:30 Famous Faces – 2 3:30 MC/EUCU One-on-Ones</p> | <p>12</p> <p>10:00 Daily News & Chronicles 2,3 10:30 Silver Sneakers – 2, 3 11:15 Time 2 Refresh – 2,3 1:00 BUS Outing: Let's Go Boating - Lake Riley 1:30 Pampered Hands & 1-1's-2,3 3:00 Reminisce & Reflect - 2,3</p> | <p>13</p> <p>10:00 Wake Up/Good News-2,3 10:30 Card/Board Games – 2,3 11:15 Time 2 Refresh – 2,3 1:00 Root Beer Floats Social & Trivia - 2,3 2:30 Healing Sounds Music- 3 3:15 Healing Sounds Music -2 5:00 Family Council Mtg-CMR</p> | <p>14</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Morning Stretch - 2,3 11:15 Time 2 Refresh– 2,3 1:30 Musical Entertainment: GNU Woodwind - CMR 3:00 BINGO! – 2, 3 7:15 MN Vikings Game - TV</p> | <p>15</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Fun with Fitness – 2,3 11:15 Time 2 Refresh – 2,3 2:30 Ice Cream Social and Braingames -2 3:30 Ice Cream Social and Braingames – 3 ROSH HASHANAH</p> | <p>16</p> <p>10:00-11:30 Nature Walks & Birdfeeder Club– 2,3 2:30 Gametime Physical Fun - 2 3:30 Gametime Physical Fun - 3</p> |
| <p>17</p> <p>10:00 Sunday walks with HHA's -2,3 1:10 MN TWINS vs. White Sox - TV 1:30-3:00 One on One Prayer Visits with Chaplain John-2,3 Afternoon family visits and activities with HHA's</p> | <p>18</p> <p>10:00 Peaceful Meditations & Time to Refresh - 2 10:45 Peaceful Meditations & Time to Refresh – 3 1:00 Who Am I? – 2 2:00 Who Am I? – 3 3:30 MC/EUCU One-on-Ones</p> | <p>19</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Silver Sneakers - 2,3 10:30 Pax Christi Catholic Prayer visits - 2, 3 11:15 Time 2 Refresh – 2,3 1:00 Painting w/watercolor - 2,3 2:00 Gametime Fun - 2,3 3:30 Patio Visits & Stories – 2,3</p> | <p>20</p> <p>10:00 Wake Up/Good News-2,3 10:30 Card/Board Games – 2,3 11:15 Time 2 Refresh – 2,3 1:30 Sing-A-Long - 2,3 3:00 Sept Birthday Party - CMR 5:45 Pet visits with Sully -2,3</p> | <p>21</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Morning Stretch - 2,3 11:15 Time 2 Refresh– 2,3 1:30 Musical Entertainment: Scott Beaumont - CMR 3:00 BINGO! – 2, 3</p> | <p>22</p> <p>10-12:30 Flu Vac. Clinic-EUCU 10:00 Daily News & Chronicles-2,3 10:30 Fun with Fitness – 2,3 11:15 Time 2 Refresh – 2,3 2:30 Ice Cream Social and Braingames -2 3:30 Ice Cream Social and Braingames - 3</p> | <p>23</p> <p>Word Puzzle Packet Delivery – 2,3</p> <p>10:00-11:30 Nature Walks & Birdfeeder Club– 2,3 2:30 Gametime Physical Fun - 2 3:30 Gametime Physical Fun - 3 FIRST DAY OF FALL</p> |
| <p>24</p> <p>10:00 Sunday walks with HHA's -2,3 12:00 MN Vikings Game - TV 1:00 Gideon-Dog Visits – 2,3 1:10 MN TWINS vs. Angels - TV 1:30 – 3:00 One on One Prayer Visits with Chaplain John-2,3 Afternoon family visits and activities with HHA's</p> | <p>25</p> <p>10:00 Peaceful Meditations - 2 10:00 Morning Exercise - 3 10:45 Peaceful Meditations - 3 10:45 Morning Exercise - 2 11:15 Time 2 Refresh – 2, 3 1:00 TED Talks – 2,3 2:30 Happy Hour – 2,3 3:30 MC/EUCU One-on-Ones</p> | <p>26</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Silver Sneakers – 2,3 11:15 Time 2 Refresh – 2,3 1:00 BUS Outing: ARB Fall Scenic Drive 1:30 Patio Visits & Stories – 2,3 3:00 Pampered Hands & 1-1's-2,3 6:00 Music on the Patio: The Jazz Trio +1 - 1st Floor</p> | <p>27</p> <p>10:00 Wake Up/Good News-2,3 10:30 Card/Board Games – 2,3 11:15 Time 2 Refresh – 2,3 1:00 Root Beer Floats Social & Trivia - 2,3 2:30 Healing Sounds Music- 3 3:15 Healing Sounds Music -2</p> | <p>28</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Morning Stretch - 2,3 11:15 Time 2 Refresh– 2,3 1:30 Musical Entertainment: Patrick Allen - CMR 3:00 BINGO! – 2, 3</p> | <p>29</p> <p>10:00 Daily News & Chronicles-2,3 10:30 Fun with Fitness – 2,3 11:15 Time 2 Refresh – 2,3 2:30 Ice Cream Social and Braingames -2 3:30 Ice Cream Social and Braingames – 3 SUKKOT</p> | <p>30</p> <p>10:00-11:30 Nature Walks & Birdfeeder Club– 2,3 2:30 Gametime Physical Fun - 2 3:30 Gametime Physical Fun - 3</p> |