

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Key CMR-Community Room, 2 nd floor CR- Craft Room, 3 rd floor ECL- 1 st floor Enhanced Care Lounge G- Gym in AL Basement HW 1,2,3,4- Hallways 1,2,3,4 th Floors MH- Minnehaha Room, 1 st floor ML- Main Lobby, 1 st floor AL Bldg. MT- Movie Theater, 4 th floor Pub-2 nd Floor Pub Redwood Room-3 rd floor	Properly worn masks are required for all programs! Except for while eating. Thank you!	Sign Up Sheets are only needed for open transportation and outings. Sign-up sheets will be placed in the Communications Room every Friday evening.	Always Open for your enjoyment: Craft Room - 3 rd Floor Exercise Fitness Room - AL Basement Puzzle Tables on every floor	Programs and times are subject to change. If you have any questions, please contact Janine Bergstrom at 952-213-6255		 2:00 Saturday Matinee – CMR Seabiscuit (starring Tobey Maguire, Jeff Bridges, Chris Cooper) 3:00 Pick Up Card Games – Minnehaha Room
2 9:00 Grace Church Live Streaming - CMR 2:30 Coffee Chats Social - Main Lobby	3 NO Open Bus Today 2:00 Bible Study – CMR 3:30 Grill & Chill Happy Hour with Manny - CMR	 4 9:30 Pax Christi Catholic Prayer Service with Communion - CMR 10:00 Cardio Pump w/Amber - CMR 1:30 Women's Coffee Group with Julie - MH 3:00 Women's Coffee Group with Julie - MH 3:30 BINGO! - CMR 	5 10:00-12 Open Bus Transportation - sign up 1:00 Town Hall Meeting – CMR 2:00 Crafts with Janine – CMR 3:30 Welcome Party - CMR 7:00 Mexican Train Dominoes- MH	6 9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Lyndon - CMR 3:30 Grill & Chill Happy Hour - CMR	7 10:00 Strength Training-CMR 11:00 Lunch Outing - The Original Pancake House – sign up 2:00 Ice Cream Social-Bistro 3:30 Let's Play Family Feud / Trivia - CMR	 8 10:00 Puzzle Packets – Pick up in the IL Communications Room 2:00 Saturday Matinee – CMR Her Majesty Mrs. Brown (starring Judy Dench) 3:00 Pick Up Card Games – Minnehaha Room
9 9:00 Grace Church Live Streaming – CMR 12:00 Vikings Game on TV 2:30 Coffee Chats Social - Main Lobby 3:00 "The Gospel of Matthew" The visual Bible with Chaplain John -CMR SUKKOT	10 10:00 -12 Open Bus Transportation - sign up 1:00 Wellness Presentation w/Active Therapy –CMR 2:00 Bible Study – CMR 3:30 Columbus Day Happy Hour - CMR COLUMBUS DAY	11 10:00 Cardio Pump – CMR 11:00 Resident Council Meeting – CMR 1:30 Women's Coffee Group with Julie - MH 3:00 Women's Coffee Group with Julie - MH 3:30 BINGO! - CMR	12 10:00-12 Open Bus Transportation - sign up 10:00 Gretchen Teaches Bridge -ECL 1:00 Outing: MN's Largest Candy Store - sign up 4:00 NOV Calendar Planning – CMR	13 9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Mary Franz - CMR 3:30 Grill & Chill Happy Hour – CMR	 10:00 Strength Training - CMR 2:00 Ice Cream Social - Bistro 3:30 Let's Play Family Feud / Trivia - CMR 	 15 2:00 Saturday Matinee – CMR Nights In Rodanthe (starring Richard Gere, Diane Lane) 3:00 Pick Up Card Games – Minnehaha Room
 16 9:00 Grace Church Live Streaming - CMR 1:00 Vikings Game on TV 2:30 Coffee Chats Social - Main Lobby 	17 10:00-12 Open Bus Transportation - sign up 1:00 Dave Solo Presents: Fraud Awareness - CMR 2:00 Bible Study - CMR 3:30 Grill & Chill Happy Hour - CMR	 18 9:30 Pax Christi Catholic Prayer Service with Communion - CMR 10:00 Cardio Pump - CMR 10:45 Coffee & Crossword - CMR 1:30 Crafts with Janine - CMR 3:30 BINGO! - CMR 	19 10:00-12 Open Bus Transportation-sign up 1:00 Outing: Minnesota ARB Pumpkin Patch and Apple House - sign up 3:30 Halloween Cookie Decorating - CMR 7:00 Mexican Train Dominoes- MH	20 9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Andy Steinfeldt - CMR 3:30 Grill & Chill Happy Hour - CMR	21 10:00 Strength Training - CMR 2:00 Ice Cream Social-Bistro 3:30 Let's Play Family Feud / Trivia - CMR	22 10:00 Puzzle Packets – Pick up in the IL Communications Room 2:00 Saturday Matinee – CMR The Pianist (starring Adrien Brody) 3:00 Pick Up Card Games – Minnehaha Room **PUMPKIN DECORATING CONTEST BEGINS - PICK UP YOUR PUMPKIN IN THE CMR**
23 9:00 Grace Church Live Streaming – CMR 2:30 Coffee Chats Social - Main Lobby 3:00 "The Gospel of Matthew" The visual Bible with Chaplain John -CMR 30 9:00 Grace Church Live Streaming – CMR 12:00 Vikings Game on TV 2:30 Coffee Chats Social -Main Lobby	24 10:00-12 Open Bus Trans sign up 10:00 Fall Prevention Class w/Active Therapy - CMR 1:00 Using Your Brain for Confidence/Happiness: Bryan-CMR 2:00 Bible Study - CMR 3:30 Grill & Chill Happy Hour - CMR 31 10:00-12 Open Bus Trans sign up 10:00 Fall Prevention Class w/Active Therapy - CMR 2:00 Bible Study - CMR 3:30 HALLOWEEN PARTY - CMR	25 10:00 Cardio Pump – CMR 10:45 Coffee and Crossword – CMR 3:30 BINGO! - CMR	26 10:00-12 Open Bus Transportation - sign up 10:00 Gretchen Teaches Bridge -ECL 1:00 Town Hall Meeting – CMR 3:00 OCTOBER Birthday Party - CMR	27 9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Jim Kirkendall – CMR 3:30 Grill & Chill Happy Hour - CMR	 28 10:00 Strength Training - CMR 2:00 Ice Cream Social-Bistro 3:30 Let's Play Family Feud / Trivia - CMR 	29 2:00 Saturday Matinee – CMR Out of Africa (starring Robert Redford, Meryl Streep) 3:00 Pick Up Card Games – Minnehaha Room

October