

Assisted Living and Enhanced Care

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Grace Church Live Streaming – CMR 2:30 Coffee Chats Social – ML 3:25 Vikings Game on TV NEW YEARS DAY	10:00 -12 NO Open Bus Transportation Today 1:00 Arm Chair Travel to the Alps of Switzerland and France - CMR 2:30 Bible Study w/ Bryan-CMR 3:30 PBSL Happy Hour - CMR	9:30 Pax Christi Catholic Prayer Service with Communion - CMR 10:00 Cardio Pump - CMR 10:45 Coffee & Crossword- CMR 12:30 Ask A Therapist - ML 3:30 BINGO! - CMR 6:00 Introduction to Mahjong With Diane H - MH	10:00-12 Open Bus Transportation - sign up 1:00 Town Hall Meeting - CMR 3:00 Crafts with Janine - CMR 6:00 Pick Up Card Games - CMR	9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: High Water Band - CMR 3:30 PBSL Happy Hour - CMR	10:00 Strength Training - CMR 11:00 Lunch Outing - sign up Zeke's Place 2:00 Ice Cream Social - Bistro 3:30 Family Feud/Trivia - CMR 6:00 Pick Up Card Games- CMR	1:00 BINGO! – CMR 2:30 Saturday Matinee – CMR My All American (starring Aaron Eckhart, Finn Wittrock, Robin Tunney)
9:00 Grace Church Live Streaming – CMR TBD Vikings Game on TV 1:30 – 3:00 One on One Prayer Visits with Chaplain John - CMR 2:30 Coffee Chats Social - ML	10:00 -12 Open Bus Transportation - sign up 1:00 Estate Planning: Wills & Trusts with John Culbert - CMR 2:30 Bible Study - CMR 3:30 PBSL Happy Hour - CMR	10:00 Cardio Pump – CMR 11:00 Resident Council Meeting – CMR 3:30 BINGO! – CMR 6:00 Introduction to Mahjong With Diane H - MH	10:00-12 Open Bus Transportation - sign up 10:00 Gretchen Teaches Bridge -ECL 1:30 Noodle Hockey - CMR 3:30 Calendar Planning - CMR 6:00 Pick Up Card Games - CMR	9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Patrick Rasmussen -CMR 3:30 PBSL Happy Hour - CMR	 10:00 Strength Training - CMR 12:30 Pampered Hands-sign up - CMR 2:00 Ice Cream Social - Bistro 3:30 Sing-A-Long - CMR 6:00 Pick Up Card Games-CMR 	Word Puzzle Packet Delivery 1:00 BINGO! - CMR 2:30 Saturday Matinee - CMR One Man's Hero (starring Tom Berrenger)
9:00 Grace Church Live Streaming – CMR 1:30 – 3:00 One on One Prayer Visits with Chaplain John - CMR 2:30 Coffee Chats Social - ML TBD NFL Playoffs Games on TV	10:00-12 Open Bus Transportation - sign up 1:00 Active Therapy Wellness Presentation - CMR 2:30 Bible Study - CMR	9:30 Pax Christi Catholic Prayer Service/Communion 10:00 Cardio Pump - CMR 10:45 Coffee & Crossword- CMR 12:30 Ask A Therapist - ML 1:00 BUS Outing TBD: sign up 3:30 BINGO! - CMR 6:00 Introduction to Mahjong With Diane H - MH	10:00-12 Open Bus Transportation - sign up 1:30 Corn Hole/Bags - CMR 3:00 JANUARY Birthday Party - CMR 6:00 Pick Up Card Games- CMR	9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Lyndon - CMR 3:30 PBSL Happy Hour - CMR	10:00 Strength Training with Amber- CMR 12:30 Pampered Hands-sign up -CMR 2:00 Ice Cream Social - Bistro 3:30 Family Feud/Trivia - CMR 6:00 Pick Up Card Games - CMR	1:00 BINGO! - CMR 2:30 Saturday Matinee - CMR The Tomorrow Man (starring John Lithgow and Blythe Danner)
9:00 Grace Church Live Streaming – CMR 1:30 – 3:00 One on One Prayer Visits with Chaplain John - CMR 2:30 Coffee Chats Social – ML NFL Playoffs Games on TV	10:00-12 NO Open Bus Transportation Today 1:30 David Jones Historical Presentation - CMR 2:30 Bible Study w/Bryan-CMR 3:30 PBSL Happy Hour - CMR	10:00 Cardio Pump – CMR 10:45 Coffee & Crossword-CMR 3:30 BINGO! – CMR 6:00 Introduction to Mahjong With Diane H - MH	10:00-12 Open Bus Transportation - sign up 10:00 Gretchen Teaches Bridge -ECL 1:30 Noodle Hockey - CMR 3:00 Crafts with Janine - CMR 6:00 Pick Up Card Games -CMR	9:00-4 Essential Beauty Salon Open 10:00 Morning Stretch -CMR 10:45 Devotions -CMR 1:30 Musical Entertainment: Matthew Schmitz - CMR 3:30 PBSL Happy Hour - CMR	10:00 Strength Training - CMR 12:30 Pampered Hands-sign up -CMR 2:00 Ice Cream Sundae Bar Social - Bistro 3:30 Sing-A-Long - CMR 6:00 Pick Up Card Games-CMR	Word Puzzle Packet Delivery 1:00 BINGO! – CMR 2:30 Saturday Matinee – CMR Nicholas Nickleby (starring Jamie Bell, Anne Hathaway, Charlie Hunnam, Nathan Lane)
9:00 Grace Church Live Streaming – CMR 1:30 – 3:00 One on One Prayer Visits with Chaplain John - CMR 2:30 Coffee Chats Social – ML NFL Playoffs Games on TV	10:00-12 Open Bus Transportation - sign up 10:00 Book Club Intro - CMR 1:00 Kenya Presentation by Manny - CMR 2:30 Bible Study - CMR 3:30 PBSL Happy Hour - CMR	10:00 Cardio Pump – CMR 10:45 Coffee & Crossword-CMR 1:00 BUS Outing TBD: sign up 3:30 BINGO! - CMR 6:00 Introduction to Mahjong With Diane H - MH		Always Open for your enjoyment: Craft Room - 3 rd Floor Exercise Fitness Room - AL Basement Puzzle Tables on every floor Programs and times are subject to change. If you have any questions, please contact Janine Bergstrom at 952-213-6255	Sign Up Sheets are only needed for open transportation and outings. Sign-up sheets will be placed in the first floor lobby under the main stairs.	Room Key CMR-2 nd floor Community Room CR- 3 rd floor Craft Room ECL- 1 st floor Enhanced Care Lounge MH- Minnehaha Room -1 st floor in Independent Living ML- Main Lobby, 1 st floor AL Bldg. Pub- 2 nd floor in Independent Living P2-Puzzle Table 2 nd floor Redwood Room-on 3 rd floor