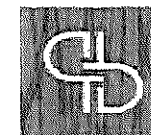


MENU



January 22nd- January 28th, 2023

PRAIRIE BLUFFS
SENIOR LIVING

CONTINENTAL BREAKFAST - served 7:30 am - 9:00 am

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Cold Cereal	Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Hot Cereal	Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Hot Cereal	HOT BREAKFAST Chef's Choice	Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Hot Cereal	Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Hot Cereal	Assorted Breads and Pastries Seasonal Fruit Hard Boiled Eggs Assorted Yogurt Cold Cereal

LUNCH - served 11:30 am - 12:30 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Salsbury Steak with Mushroom Gravy Garlic Mashed Potatoes Broccoli Florets Dinner Roll Dessert	Chicken Lasagna Tossed Salad W/ Drsg Garlic Toast Dessert	Pork Medallions W/ Cranberry Sauce Baked Yam Cascade Blend Vegetables Dessert	Smoked Sausage Dumplings & Cabbage Marinated Cucumbers Rye Bread Dessert	Cranberry Glazed Chicken Wild rice Parslied Carrots Dessert	Salmon Patty Creamed Peas & Potatoes Dinner Roll Dessert	Cheeseburger Casserole Corn Dessert

DINNER - served 4:30 pm - 5:30 PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cheese Quesadilla Lettuce, Tomato Refried Beans W/ Cheese Dessert	Chicken Cordon Bleu Casserole Seasoned Green Beans Dinner Roll Dessert	French Onion Burger French Fries Mixed Vegetables Dessert	Loaded Hot Turkey Sandwich Fried Potatoes Beets Dessert	Homemade Chilli Shredded Cheese & Onion Crackers Tossed Salad Dessert	Cheese or Pepperoni Pizza Creamy Coleslaw Dessert	Cold Cut Sandwich W/ Lettuce & Tomato Potato Chips Soup of the Day Dessert

Menu Items subject to change

IL Residents - For meal reservations, please call the Concierge by 10 am for lunch or 2 pm for dinner.....952-444-5000 ext. 1