Prairie Bluffs Senior Living

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: 31 Continental Breakfast Noon Honey Glazed Ham Scalloped Potato Green Beans Evening Box Dinner	Breakfast: 1 Pancakes & Bacon Noon Beef Burgundy Egg Noodles Mixed Vegetables Evening Cheesy Chicken Fajita Bake Spanish Rice	Breakfast: 2 French Toast & Sausage Noon Burbon Glazed Chicken Fingerling Potatoes Prince Edward Vegetables Evening Cheese Tortellini Rosa Caesar Salad	Breakfast: 3 Omelet & Toast Noon Pot Roast Garlic Mashed Potatoes Peas & Carrots Evening Spaghetti w/Meat Sauce Italian Vegetables Garlic Toast	Fried Eggs, Sausage & Toast Noon Shrimp Scampi Angel Hair Pasta Asparagus Evening Sesame Meatballs White Rice Cream Cheese Wonton	Breakfast: 5 Oatmeal Noon Turkey Burger Sweet Potato Fries Evening All American Hot Dog Potato Salad	Breakfast: 6 Continental Breakfast Noon Coconut Shrimp Au Gratin Potato Asparagus Evening Mushroom & Swiss Burger Tater Tots
Breakfast: 7 Continental Breakfast Noon Stuffed Bell Pepper Casserole Warm Dinner Roll Evening Beef Goulash Garlic Toast	Breakfast: 8 Pancakes & Bacon Noon Pork Ragu Stuffed Dumplings California Normandy Evening Almond Poppyseed Chicken Salad Croissant Curly Fries	Breakfast: 9 Sausage Egg Bake & Hashbrowns Noon Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Evening Meatloaf Mashed Potatoes & Gravy Peas & Carrots	Breakfast: 10 Omelet & Toast Noon Roast Beef Buttered Dumplings Red Cabbage Evening Beef Lasagna Italian Vegetables Garlic Toast	Fried Eggs, Sausage & Toast Noon Beef Enchiladas Spanish Rice Refried Beans Evening Fish & Chips Tartar Sauce	Breakfast: 12 Oatmeal Noon Chicken & Dumplings Mixed Vegetables Evening BBQ Ham Steak Scalloped Potato Asparagus	Breakfast: 13 Continental Breakfast Noon Biscuits & Gravy Scrambled Eggs Evening Chicken Wild Rice Hot Dish Warm Croissant Fruit Salad
Breakfast: 14 Continental Breakfast Noon Sausage & Mixed Vegetables Roasted Potatoes Evening Chicken Fingers Curly Fries	Breakfast: 15 Pancakes & Bacon Noon Beef Stew Dinner Roll Evening Beef Tacos Mexican Rice Guacamole & Sour Cream	Breakfast: 16 French Toast & Sausage Noon Italian Sausage Gnocchi w/ Creamy Rosa Sauce Buttered Broccoli Evening Shepards Pie Dinner Roll	Breakfast: 17 Omelet & Toast Noon Swiss Steak Egg Noodles Mixed Vegetables Evening Stuffed Chicken Rolls Mixed Green & Strawberry Salad	Breakfast: 18 Fried Eggs, Sausage & Toast Noon Raspberry Pork Medallions Au Gratin Potato Corn Pudding Evening Chicken & Swiss Stuffing Bake Garlic Breadstick	Breakfast: 19 Oatmeal Noon Roasted Chicken Quarters Parmesan Potato Wedges Sauteed Green Beans Evening Italian Pasta Bake Garlic Bread	Breakfast 20 Continental Breakfast Noon Salisbury Steak Mashed Potatoes Mixed Vegetables Evening Sloppy Joes Seasoned French Fries
Breakfast: 21 Continental Breakfast Noon Creamy Garlic Chicken Penne Pasta Garlic Breadstick Evening Individual Pizza Mandarin Oranges	Breakfast: 22 Pancakes & Bacon Noon Turkey Pot Pie Warm Dinner Roll Evening Breaded Pork Chop Zucchini Mashed Potatoes	Breakfast: 23 Sausage Egg Bake & Hashbrowns Noon Beef Stir Fry White Rice Asian Vegetables Evening French Onion Beef Casserole Broccoli	Breakfast: 24 Omelet & Toast Noon Swedish Meatballs Egg Noodles Roasted Carrots Evening Chicken Parmesan Linguini Italian Vegetables	Breakfast: 25 Fried Eggs, Sausage & Toast Noon Teriyaki Pork Wings Korean Fried Rice Oriental Vegetables Evening White Lasagna Mixed Vegetables Garlic Toast	Breakfast: 26 Oatmeal Noon Roast Turkey Stuffing Green Bean Casserole Evening California Cheeseburger Seasoned Curly Fries	Breakfast: 27 Continental Breakfast Noon BBQ Ribs Baked Beans Buttered Broccoli Evening Chicken Club Casserole Warm Dinner Roll
Breakfast: 28 Continental Breakfast Noon Honey Glazed Ham Scalloped Potato Green Beans Evening Box Dinner	Breakfast: 29 Pancakes & Bacon Noon Beef Burgundy Egg Noodles Mixed Vegetables Evening Cheesy Chicken Fajita Bake Spanish Rice	Breakfast: 30 French Toast & Sausage Noon Burbon Glazed Chicken Fingerling Potatoes Prince Edward Vegetables Evening Cheese Tortellini Rosa Caesar Salad	All meals are subject to change with proper notice.	*Alternate Menu is available upon request during mealtimes	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert	

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